On self abuse

Spirit's abode

By WILLIAM L. TRIMYER
THE SPIRIT'S ABODE
Lesson for October 21, 1984
Bible Study Passages: I Cor. 6:12-20; Eph. 5:15-20
INTRODUCTION

The KJV renders Psalms 139:14 to read: "I will praise thee; for I am fearfully and wonderfully made: marvelous are thy works; and that my soul knoweth right well."

When God formed the human body he displayed some of his finer "craftsmanship." Our bodies are magnificant "works of art" which function far beyond the capacity of any computer. Consider the wisdom that went into the making of the

The Bible & Daily Living

human anatomy. We are wonderfully made. No animal or human-made technology has the capacity to function as the human body. For the most part, our bodies function with amazing precision, able to accomplish numerous tasks and withstand a lot of hard knocks.

But we must also realize that our bodies are fragile. Human life can be extremely fragile, especially when subject to disease and trauma. And who knows more than the aged who must come to grips with diminished strength and health?

This week's lesson focuses upon the body as the dwelling place of the Holy Spirit. God expects his people to take care of their bodies. To abuse our bodies is to defame the dwelling place of the Spirit.

THE SIN OF OVERINDULGENCE [I Cor. 6:12-20]

Overindulgence is a sin that is practiced by many in our country today. We are guilty of overeating, overdrinking, smoking too much, working too much, and of even playing too much. We commit gross immoral violations against the abode of the Holy Spirit. When our life is full of over-indulgences we tend to rob the Spirit of a place to live. Self-interest keeps the Spirit from filling our lives with good things.

Paul wrote to the Corinthian church to warn them of their moral decay. They were living without personal restraints, arguing that they were free from laws and could do as they please. Paul says, "Not so!"

The Corinthians held to the idea that "if it feels good, do it." The Corinthians were trying to justify their sexual promiscuity and sinful appetites.

Paul further confronted the Corinthians by affirming that the resurrection will reclaim our bodies and redeem them to himself. He urged them to aim for the best in their conduct. Christians are responsible to "glorify God" in their bodies and in their spiritual conduct. Our bodies are the dwelling place of the Holy Spirit. When that sinks in we will surely take better care of our bodies and live more fully in the Spirit.

THE CHRISTIAN'S CONDUCT [Eph. 5:15-20]

The Corinthian's were not the only Christians who were threatened by spiritual neglect. Paul encouraged the Ephesians to develop a spiritual perception that placed God above all else. He encouraged them to pursue the will of God rather than the desire of the flesh. The person who thinks only of themselves will naturally become spiritually bankrupt.

Paul had a high regard for the body. He knew that God took up his abode in the hearts of those who were "warmed" towards Christ. Paul knew from first-hand experience what it means for one's body to be the dwelling place of the Holy Spirit.

We must remember that when we sin against our bodies we are also sinning against God. To destroy our bodies through neglect and overindulgence is to deny our relationship to God.

1. What can you do to take better care of your body?

2. What does it mean to you when you read that your body is the temple of the Holy Spirit?

Based on copywritted outlines produced by the Committee on the Uniform Series and used by permission.

Dr. Trimyer is pastor at Kentuck Baptist Church in Ringgold, Virginia. (WLYP).

Revival planned at Memorial

Sunday, Oct. 21 will mark the beginning of revival services at Memorial United Methodist Church in Appomattox.

Services will begin with 11 a.m. worship service as "Membership Sunday". All members are urged to attend. At 6 p.m. there will be a covered-dish supper and the preaching service will be preceded by a program of music.

There will be special music each night. The speaker will be the Rev. Howell Franklin of South Boston. A Nursery will be provided and the services will conclude on Thursday night.

The Rev. Howell Franklin was educated at the University of Virginia and Union Theological Seminary. He has served as minister of United Methodist Churches of Farmville, Lynchburg and Norfolk Districts.

He is presently the minister of Main Street United Methodist Church, South Boston. The Rev. Franklin is married to the former Martha Barksdale Carter of Farmville.

The congregation and minister of Memorial Church, The Rev. Otis H. Worley, urge everyone in the community to attend these services.

Mt. Zion

The public is invited to worship at Mt. Zion Baptist Church, Concord, Va. on Oct. 21 at 11 a.m.

The pastor, the Rev. C. L. Elliott is on vacation. The Rev. Donna Rayer of Lynchburg will be guest minister.

On Oct. 20 at 7:30 p.m. a kitchen shower will be held to obtain appliances needed by the church. A spaghetti supper will be served. The public is invited.

Church notes project success

Our Lady of Peace Catholic Church of Appomattox is pleased to announce that their sale of food at the "Railroad Festival" was most successful.

The Rev. Richard Kirch would like to express his most sincere thanks to all those who participated as well as those who purchased the foods. All will be remembered in his prayers.

After the "Rosary" is said at 7:00 p.m. on Thurs. evening Oct. 18 there will be a church council meeting. Members are urged to attend.

Times-Virginian

WORSHIP

Liberty plans major services

As the final event in the year-long observance of the 150th anniversary of Liberty Baptist Church of Appomattox, the church has scheduled a unique series of preaching services during the week Oct. 21-25.

This preaching event, entitled Proclamation Week - 1984 will begin on Sunday Morning, Oct. 21, at 11 and continue Sunday through Thursday nights at 7:30.

Six of America's great preachers will be bringing messages to challenge, inspire and renew all who hear them. The congregation invites members of other churches in the community and surrounding area to join them for each of these services. Services will also feature outstanding vocal music talent from outside and within the congregation.

The church nursery will be provided for each service for preschool children. On Wednesday evening a covered dish supper in the fellowship hall at 6:30 will precede the service.

SCHEDULE OF EVENTS AND SPEAKERS

Sunday Morning, Oct. 21: Dr. M. Vernon Davis, Professor of Christian Theology at Midwestern Baptist Theological Seminary; Former Pastor of First Baptist Church, Alexandria; and Past President of the Baptist General Association of Virginia.

Sunday, Evening, Oct. 21: Dr. Chevis Horne, Visiting Professor of Preaching and Chaplain, Southeastern Baptist Theological Seminary; Former Pastor of First Baptist Church, Martinsville; and Past President of the Baptist General Association of Virginia.

Monday Evening, Oct. 22: Dr. Alton H. McEachern, Pastor of First Baptist Church, Richmond, since 1983; and Former Pastor of First Baptist Church of Abilene, Texas.

Monday Evening, Oct. 22: Dr. Alton H. McEachern, Pastor of First Baptist Church, Greensboro, N.C.; Chairman of Trustees of the Sunday School Board of the S.B.C.; and noted author, lecturer, and preacher.

Tuesday Evening, Oct. 23: Dr. Peter James Flamming, Pastor of First Baptist Church, Richmond, since 1983; and Former Pastor of First Baptist Church of Abilene, Texas.

Wednesday Evening, Oct. 24: Dr. R. Keith Parks, President, Foreign Mission Board of the Southern Baptist Convention.

Thursday Evening, Oct. 25: Dr. John Killinger, Senior Minister of the First Presbyterian Church of Lynchburg; former Professor of Preaching, Worship and Literature at the Divinty School of Vanderbilt University; and popular author, preacher and lecturer nationwide.

Johnson preaches

The Rev. Bennie Johnson of Thomas Road Baptist Church conducted a Fellowship Service on Sunday, Oct. 14 at First Baptist Church. He was accompanied by the Beacon Singers from his church.

Coming events at First Baptist Church are Saturday, Oct. 27 at 6 p.m. the Sensational Harmoneers, Three and One Gospel Singers, The Faithful Five.

On the first Sunday, Nov. 4 at 4 p.m. the Heavenly Gospel Singers, Holiness Gospel Singers, Appomattox Chorale Ensemble, The Hallelujah Chorus and Calvary Baptist Choir and The Travelers will appear.

On the second Sunday, Nov. 11 at 3 p.m. the Echoes of Glory, Faithful Five, Heavenly Beams and Mt. Zion's Men Chorus will appear.

Crowd attends service at Mt. Shiloh Church

Morning services at Mt. Shiloh Baptist Church were well attended and enjoyed by all this Sunday. The scripture, read by the Rev. Moore, was taken from the book of Genesis:19-1-8 verses, with the theme for his sermon, "Strange Hanky-Panky."

An overflow crowd attended the Appomattox Branch NAACP Freedom Fund Banquet held at Mt. Obed Baptist Church. Guest speaker was attorney Charles Magnum of Lynchburg. For the first time a king was crowned. Little Manley Ferguson III, son of Mr. and Mrs. Manely Ferguson Jr., of Concord will reign as king until October 1985. He replaces the outgoing queen, Miss Debra Kelso. Runners up were Belton Hamlet of Galilee, and Donna Cabbel of Mt. Zion, in Concord.

The public is invited to attend the anniversary services of our own Gospel Entertainers, Sunday, Oct. 21 at Mt. Shiloh Baptist Church at 3 p.m.

The Appomattox Voters League will meet Monday, Oct. 22, at the Sprout Spring Community Center at 7:30 p.m.

Our prayers go out to the sick and shut-in of the community.

FALL FESTIVAL
Bethlehem United Methodist Church
Concord, Virginia
Saturday, October 20 - 10 - 6.
Molasses Making, Crafts, Flea Market, Home Baked Goods
BBQ Pork & Chicken, Games For Children,
Live Entertainment:
3:00 Dallas Key & Guitar
3:30 Marlene Staude, Gospel Singer
4:00 "Dutchman's Branch Band"
5:00 "The Three & One Gospel Singers
SPECIAL FEATURE: "The Old Prospector," Nathan Booth & "John Henry" (mule) For Children To Ride. Authentic Western Actor. From 12:00 Till.

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"What is their purpose?"
"Abuses of the Gifts, The cause and cure"
This is the same course taken by our ministers in Assemblies of God Colleges. It will start Wed., Oct. 24 at 7:30 p.m. and continue each Wed. until completed.
We urge you to join us for this study and our worship services on Sundays as well. For more information call:
352-2524 - 352-8512

FALL REVIVAL SERVICES

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Professor,
Midwestern Baptist Theological Seminary
Formerly Pastor
First Baptist Church of Alexandria

Sunday, October 21 - 7:30 p.m.

Dr. Chevis F. Horne
Professor
Southeastern Baptist Theological Seminary
Formerly Pastor
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Wednesday, Oct. 24 - 7:30 p.m.

Dr. R. Keith Parks
President
Foreign Mission Board Of The Southern Baptist Convention

Thursday, Oct. 25 - 7:30 p.m.

Dr. John Killinger
Pastor
First Presbyterian Church of Lynchburg

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Part II: About safety in the home

By SHIRLEY W. WALTON
Extension Agent

This is Part II of a two-part article on home safety.

ON-GOING MAINTENANCE IN A HOME IS A MUST TO PROVIDE A SAFE ENVIRONMENT. Home maintenance is an on-going need, from minor adjustments to major repairs. Take care of repairs as soon as possible. Be alert to hazardous conditions. Check handles on everything from cookware to log carriers to see if they are securely attached. Examine portable appliances for frayed wires or loose connections. Replace faulty light switches and repair loose connections. Secure loosened tile and floor covering. Anchor mats and scatter rugs. Attach with double-faced adhesive duct tape. Be sure unecarpeted staricases have some type of non-slip surface.

If no family member is knowledgeable enough to safely do repairs and replacements or if proper tools are not available, it is wiser and worth the cost to hire a professional or local handyman.

All homes should have a working fire extinguisher and smoke alarms. Adequate lighting and convenient placement of switches are a great safety value. Ideally, light switches should be near the entry to rooms and both ends of long hallways. Keep bulb replacements on hand. Use nightlights in bathrooms and hallways. They use very little energy and are worth their weight in gold to save a fall. Have a working flashlight for emergency use. Keep battery replacements.

Bathtubs and shower stalls should have non-slip botton surfaces. If not built into the unit, apply safety strips made for this purpose. These can be purchased for a nominal cost. Safety bars are useful, especially if an elderly family member is in the home. This is also true if there is an infirmed or handicapped family member.

LET'S PROTECT OUR CHILDREN. Many of the precautionary procedures to avoid home accidents apply to making it a safe place for toddlers as well. It is important to recognize potential dangers. For example, a razor or a pair of scissors left within a child's reach or a pot handle protruding from the top of a range or a toy with many small parts or a cleaning agent placed in another receptacle and left unattended can be extremely harmful to the toddler. Keep alert to safe surroundings and play things.

Protect children by storing medicine and household cleaning products out of their reach and in the original container. It may not be possible to lock up everything, but re-organizing space for childproof areas is a realistic alternative.

Be aware that some house and garden plants and shrubs are known to be harmful. Iris and poinsettias can cause skin irritations, for example. Others, such as holly, hiacinth, English ivy, mistletoe and philodendrons, can be harmful when eaten by young children.

THINK SAFETY. It is impossible to list every hazard that could be encountered in the home. The most important safeguard is to constantly think about the safety-sensible way of doing things. Safety can become a habit in your home and a habit of each family member. Remember to think safety.

If you have a homemaking question or problem, you may call 352-8244 or you may write us at P. O. Box 488, Appomattox, VA 24522. It is always a pleasure to hear from you and to help you.

Have a good week!

RECIPE OF THE WEEK
Crustless Quiche Lorraine
9 slices bacon, cooked and crumbled
1 cup shredded Swiss cheese
1/4 c. minced onion
4 eggs
1 can (13 oz.) evaporated milk
3/4 teaspoon salt
1/4 teaspoon sugar
1/8 teaspoon cayenne

Sprinkle bacon, cheese and onion into a 9-inch glass pie plate. Beat eggs, milk and seasonings with a rotary beater until well blended. Pour over bacon mixture. Microwave on simmer for 18 to 20 minutes. Let stand 10 minutes before serving. OR, bake in a conventional oven at 400 degrees for 45-50 minutes. Let set 5 minutes before serving.

NOTE: A two-ounce serving of Swiss cheese contains 544 milligrams of calcium. It provides one of the highest sources per serving of calcium you can eat.

Benefit sale planned

A combination rummage and bake sale to benefit "Fishnet" will be held this Saturday, Oct. 20, from 10 a.m. to 4 p.m. at 207 Linden St., Appomattox.

The sale is sponsored by the youth of Freedom Baptist Church.

Fishnet is a non-denominational Christian campground, which provides special speakers and music. Proceeds from this weekend's sale will be used to support the programs of the Fishnet organization.

Story correction noted

In last week's Times-Virginian article on the Appomattox and places of planned meetings concerning zoning should have read Monday night, Oct. 22 at the Appomattox Courthouse for Cloverhill District; on Tuesday, Oct. 23 at Brandy Ann Mfg. Co. in Pamplin for Pamplin and on Monday, Oct. 29 at Oakville School Building for Stonewall District.

All meetings will begin at 7:30 p.m.

Galilee plans services

We invite you to attend worship services at Galilee this Sunday morning. Sunday School begins at 9:45 a.m. Pastor Davis will deliver the morning message.

On the fourth Sunday at 5 p.m. the Ladies of Galilee invite you to share in an afternoon of music. Brother Earl Austin will appear in concert.

The Appomattox Choral Ensemble rehearsal will be held at the First Baptist Church this coming Saturday morning at 11 a.m. The Ensemble will accompany Pastor Johnson and the First Baptist Senior Choir and congregation to Aberdeen, Md. this Sunday.

The Galilee Senior Choir will meet this Saturday at 5 p.m.

Let us join together in love and peace as our Lord has commanded. It is our prayer that God will continue to bless everyone. Have a good week.

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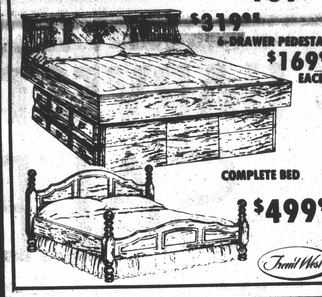
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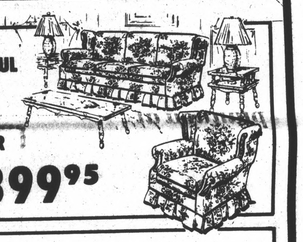
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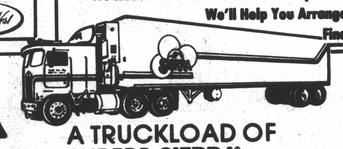
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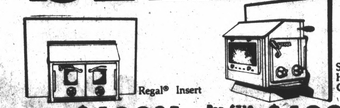
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